SHEPPARD'S PIE WITH BACON AND KIDNEY BEANS

Recipe by Catherine at the Workplace Health service (UA)



ingredients:

for 4 persons

- 200g. smoked bacon cubes
- 1 can kidney beans
- 1 tbsp. crème fraîche
- Mashed potatoe

Preparation : Preheat the oven to 180°C (th.6).

in a saucepan, fry the bacon cubes. Add the kidney beans, then cover and let simmer for 10 minutes.

Take the pan off the stove, mash the kidney bean mixture and add the crème fraiche. Season with pepper.

in an ovenproof dish, switch between layers of mashed potatoes and beans/bacon mixture.

Cook in the oven for about 20 minutes.

+ more recipes :

- the Sumpps culinary blog (in French): blog.univ-angers.fr/sumpps - the Youtube channel : Asso DPSP (1 new video in French each day)

